

## School Council Minutes of Special Meeting 'Let's Get Better' – Tuesday 20<sup>th</sup> February 2018

Classes represented - Leopard, Lion, Tiger, Hedgehog, Badger, Fox, Falcon, and Kestrel.

Meeting led by Mrs Hammond and Miss Daniel.

### **Let's Get Better**

Mrs Hammond explained about the Kent County Council (KCC) 'Let's Get Better' campaign to the School Council. She explained how sickness accounts for a high percentage of our non-attendance at school and reiterated the importance of attending every day. We discussed ways to keep fit and healthy. The children suggested:

- Keeping indoors during cold weather – we discussed the importance of dressing appropriately for all weathers
- eating fruit and vegetables
- keeping fit through exercise
- drinking water.

Mrs Hammond explained that the KCC would like us to turn off our televisions and computers so that we can play more to keep fit. She has asked the school council to go back to their classes and launch a poster competition to encourage children to 'get better'. School Council members are to explain the importance of attendance with the hope that each child (with attendance below 96%) improves by 2%. Mrs Hammond has given council members an ideas sheet to be completed through class discussion by the end of this week (by 23/02/18) so that everyone will have an understanding of the campaign before Monday's 'Let's Get Better' assembly (26/02/18). Prizes and house points will be awarded for the best posters.

**Action: Mrs Hammond to email all class teachers to ask for time to be given to the School Council Members.**

Next meeting - To Be Confirmed (TBC)