



Miss Polly had a dolly

Preschool/Families

OFFICIAL
PARTNER



Miss Polly had a dolly who was sick sick sick
So she called for the doctor to come quick quick quick
The doctor came with his bag and his hat
And he knocked on the door with a rat-a-tat-tat

Miss Polly's little dolly soon got out of bed
So she called up the doctor and she said said said
'I don't think that dolly really was that ill
So I don't think that I am going to pay your bill'.

He looked at the dolly and he shook his head
And he said 'Miss Polly put her straight to bed'.
He wrote on a paper for a pill pill pill
'I'll be back in the morning with my bill bill bill'

The doctor was angry and he said 'Look here
If you waste my time you'll have to pay I fear'
Miss Polly went as pale as a ghost ghost ghost
And she said 'I'll put a cheque in the post post post'



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Musical Games Playing Music

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BABIES/TODDLERS: Sitting baby/toddler on your knee facing in or out.

- 1. Sway side to side
- Jiggle legs up and down
- Touch your head and child's head
- Beep child's tummy or knock hand in the air

- 2. Shake head
- Waggle finger
- Draw patterns with fingers on child's body

- 3. Raise knees slightly lifting child
- Hold pretend phone to ear
- Shake head side to side

- 4. Waggle finger
- Rub thumb and fingers together "money"
- Hide face with hands or in child's tummy
- Nod and cuddle child.

PERCUSSION PLAY: Encourage babies and children to play and listen to instruments, feeling the beat, the tempo (playing quickly, playing slowly) and the dynamics (playing loudly and softly).

With a change of mood in this song from concern to being sick to being annoyed and frightened, you can demonstrate how the dynamics can influence the mood. Changing the tempo also helps emphasise that this song tells a story.

RAINY DAY GAME: find some dressing up clothes and encourage the child to act out the song with you. First the adult can be Miss Polly and the child the doctor and then reverse roles.

Make a cup and string telephone and create a little hospital ward with soft toy patients.

Talk about numbers to dial in an emergency.



Song Lyrics and more...

Topic Playlists and more...

Musical Games and more...





Miss Polly had a dolly

Foundation/Key Stage One

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Musical Games Playing Music

Foundation/Key Stage One

CLAPPING GAME: I love to adapt songs to clapping games. They encourage children to keep to the beat, work together and improvise.

- 1. Clap and pat and then pat x 3 on the words 'sick sick sick'
- Clap and pat and tap side and head
- Clap and pat then pat for 'rat a tat tat'.

Either continue with clapping and patting for the rest of the song, patting three times at the end of each line or encourage the children to come up with their own ideas for actions.

We will be adding ideas for clapping on our YouTube channel over the next few months.

SONG CHALLENGES:

- Only clap when you sing words beginning with the letter 'b'.
- Sing the song together in your head apart from when you sing the words 'dolly' and 'Polly'.

MUSICAL ACTIVITY: Using a scrunchie, encourage children to pass it round keeping to the beat. In a similar way to the clapping game, pass the scrunchie and think of an action for the last words of each line e.g

- sick = sway
- quick = jiggle
- bag and his hat = down and up

KEEPING TO THE BEAT: Introduce some body percussion, creating repeated patterns to the beat.

Sit in a circle. As you sing keep a repeated pattern going to the beat, (an ostinato). For example:

Pat : clap : pat one hand on floor and move it to the left. Repeat this.

PAT : CLAP : PAT : LEFT.

You can then start to introduce an object for the children to pass from right to left as they keep to the beat. [See our YouTube Channel](#) and website for more ideas.

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