

Week beginning:

22nd April, 13th May, 3rd June, 24th June and 15th July 2024



WEEK I	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Warm Salmon Cheese Roll with Baked Wedges	Beef Lasagne	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Curry with White & Brown Rice	Fish Fingers & Chips	
VEGETARIAN MAIN MEAL	Cheese & Tomato Pizza with Baked Wedges	Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Vegan Sweet & Sour Butternut Squash with White & Brown Rice	Vegan Vegetable Nuggets & Chips	
PASTA	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	
VEGETABLES	Carrots & Peas	Peas	Sweetcorn & Broccoli	Tomato, Cucumber & Carrot Salad	Baked Beans	
JACKET POTATOES	Cheddar Cheese, Ba <mark>ked Beans or Tuna Mayonnaise</mark>					
PUDDING	Vanilla Yoghurt	Apple Pastry & Custard	Strawberry Jelly & Mandarins	Apple & Cocoa Sponge with Custard	Vegan Shortbread	

IFG Primary

Week beginning:

29th April, 20th May, 10th June and 1st July 2024



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Chicken & Beef Sausage & Mash	Mince Beef Pasta Bake	Roast Turkey & Roast Potatoes with Gravy	Mild Mexican Beef Chilli with White & Brown Rice	Battered Fish & Chips	
VEGETARIAN MAIN MEAL	Vegan Sausage & Mash	Vegan Potato Dumplings in Tomato & Basil Sauce	Red Pepper & Spinach Spanish Omelette	Vegan Mild Chilli with White & Brown Rice	Cheese & Tomato Wrap with Chips	
PASTA	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	
VEGETABLES	Carrots	Sweetcorn	Carrots & Broccoli	Peas	Baked Beans	
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise					
PUDDING	Vanilla Yoghurt	Peach & Pineapple Crumble with Custard	Orange Jelly	Apple Pudding & Custard	Chocolate Cookie	

IFG Primary

Week beginning:

PUDDING

15th April, 6th May, 17th June and 8th July 2024

Vanilla Yoghurt



Cake

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognaise with White & Brown Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Curry with White & Brown Rice	Fish Fingers & Chips		
VEGETARIAN MAIN MEAL	Cheese & Tomato Pizza with Baked Wedges	Vegan Bolognaise with White & Brown Pasta	Macaroni Cheese	Mild Chickpea & Paneer Korma with White & Brown Rice	Vegan Falafel Kofta & Chips with Coleslaw		
PASTA	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce		
VEGETABLES	Sweetcorn	Carrots & Peas	Sweetcorn & Broccoli	Tomato, Cucumber & Carrot Salad	Baked Beans		
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise						
DUDDING	Vanilla Voghurt	Rlueherry Muffin	Strawberry Jelly with	Homemade Apple	White Chocolate Crispie		

Fruit Cocktail

Crumble & Custard

Blueberry Muffin